## Westbrook Village Computer Club

## Newsletter – February 2017

Club Website: www.wvcc.us Club email address: wvcc@cox.net Phone 623-255-8812

The Computer Club is located at the Lakes Recreation Center Rooms Cr1 & Cr2

Editor Nick Marselos

#### **Coming Events**

#### **Computer Talk**

#### February 2 at 7:00 PM Lakes Ballroom

#### Our Speaker is LYN ERICKSON

# Topic STAYING HEALTHY with Wearable Technology and Fitness Apps

Lyn will demonstrate a variety of ways to keep fit and monitor your health and exercise through "wearable" technology and fitness apps.



Learn ab

- FitBits
- Fitness Apps
- Skulpt
- Swim Tech
- Watches and MORE!

**AppleTalk** – Lakes Computer Room 2 Tuesday February 7th 10:00 AM - 11:30 AM Bring you Apple device and your questions.

Genealogy Group Meeting – Lakes Computer Room 2
Bring your laptop or Tablet if you have one.
Feb 15th - An Insiders Scoop on Ancestry DNA

**TIPS and HINTS** 

#### THE BEST FITNESS TRACKERS

Supporting our theme this month of Fitness Technology, here is an article of the best fitness trackers of 2017:

**Click Here for the Article** 

### Beware this new 'Can you hear me?' scam

They call and ask if you can hear them. You say "yes" and the trouble begins. Check out why this is a scam that can hurt you:

**Click Here for the details**